

TBE in France

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E-CDC risk status: endemic (data as of end 2022, updated May 2023)

History and current situation

The first human case of tick-borne encephalitis virus (TBEV) infection in France was reported in 1968 in Alsace, an eastern region next to the German border: a gamekeeper working in a forest near Strasbourg.¹ Between 1970 and 1974, an extensive research survey confirmed the presence of TBEV in ticks and rodents in this French region. Eight percent of adult tick batches collected were infected (*I. ricinus*) by the TBEV. Tick collection occurred in a forest near Strasbourg, the main city in the region. Nymphs were more rarely infected (1.6% of the collected lots).¹ These data were confirmed in 2011 in Alsace in Guebwiller's Valley, a middle altitude forest, with identification of western (European) subtype TBEV (TBEV-EU). The infection rate still remains low: TBEV was detected only in the *I. ricinus* nymphs (2.48%) that were collected during May; however, not in those collected during the other spring or summer months. In a more recent study, Bestehorn et al., collected ticks (953 male, 856 female adult ticks and 2,255 nymphs) in endemic foci in the upper Rhine region in France and Germany between 2016, 2017 and 2018 by flagging.² The minimal infection rate (MIR) of the collected ticks in the Forêt de la Robertsau (France) was estimated to 0,11% (1 nymph/944 ticks). The isolated and sequenced TBEV strain from Forêt de la Robertsau (F) is related to circulating TBEV isolates from eastern Bavaria and the Czech Republic. In the French department Alsace, there are today at least two independent TBEV strains circulating: the historical Alsace strain isolated in 1971 and the newly identified strain from Forêt de la Robertsau. Other wooded regions (Ardennes) were explored for TBEV in ticks, but without evidence of virus infection.³

Between 1968 and 2018, more than 200 human tick-borne encephalitis (TBE) cases have been described in France.^{4,5} The majority of cases (more than 90%) were diagnosed in Alsace. Twenty-two cases were imported, including eight imported cases in 2017.⁶ Among them, 14 cases came from Germany (after staying in the Black Forest, a mountainous area bordering eastern France). The 8 other imported cases were acquired in Austria, Finland, Poland, Romania, Russia, Slovakia, Sweden, and Switzerland.

Among the autochthonous cases, the majority of the patients were infected in Northeastern France, especially in Alsace (more than 70% of the autochthonous cases during the five last years). Although Alsace remains the area with

the highest prevalence of TBE in France, a secondary hotspot was identified in the Alpine region, in a Swiss neighboring area (Savoie and Haute Savoie) during the last ten years with 8 patients presented with TBE. In 2006, 1 patient was infected close to Bordeaux (not a known endemic area). In 2017 and 2018, 3 patients were infected in Haute Loire (in the surrounding countryside of Saint Etienne), making this region a new possible emerging area of TBE, and new foci have been identified in the Auvergne-Rhone region.⁷ In Alsace, some small areas with higher TBEV endemicity have been identified, especially in the southern Vosges valley, a middle-altitude mountain, and some forests around Strasbourg.⁴

There are currently 3 medical laboratories that test for TBEV in France: the national reference center, the virology laboratory of Strasbourg University Hospital in eastern France, and 1 private laboratory. All 3 of these laboratories participate in the collection of data for any patients diagnosed with TBE as confirmed by the presence of specific TBE immunoglobulin M (IgM) and IgG in serum samples. However, in France, patients with encephalitis are tested for TBE only if they have risk factors (especially travelling to high-endemic regions). Considering Alsace as an endemic region, only patients living in this region are regularly tested for TBE. Only patients with clinical signs compatible with TBE meningoencephalitis are kept for further analyses that are presented here.

Until 2016, in humans, the annual number of cases in France each year ranged from 1 to 12. In 2016, we noticed a recrudescence of infection with 29 cases of TBEV infection.⁵ In 2017 and 2018, 18 and 24 cases were reported, respectively, by the 3 laboratories involved in TBE testing. Except for the year 2017, in 2016 and 2018 more than 80% of the cases were autochthonous. From 2013 to 2018, the transmission period for TBEV is from April to October, with a peak in June and July in half of all cases.

From 2013 to 2017, 60% of the patients presented with meningoencephalitis.⁶ All patients were hospitalized. The female-to-male ratio was 0.4; mean age was 53 years. Also, 63% of the patients remembered a tick bite during the weeks before the beginning of symptoms that led to TBE diagnosis. Consuming raw milk cheese before the onset of symptoms was recorded for 1 patient, but without any proof that this was the source of the TBEV infection.

Between April and May 2020, a TBE outbreak due to alimentary transmission (non-pasteurized goat milk and milk products) was reported by Santé Publique France in the Auvergne-Rhône Alpes Region (département de l'ain); data in French available on the web site (www.santepubliquefrance.fr/les-actualites/2020/foyer-de-cas-d-encephalite-a-tiques-lies-a-la-consommation-de-fromage-de-chevre-au-lait-cru-dans-l-ain.-point-au-19-juin-2020). A total of 43 TBE cases were confirmed by the National reference center of arboviruses (Marseille) (8). Including these 43 cases results in an estimated total of 78 TBE cases in France in 2020, pending final confirmation. Among the remaining 35 patients, all diagnosed by the laboratory of Virology of Strasbourg University Hospital, the median age was 53.2 years (range: 11–78), 19 of them were male. Transmission occurred by tick bite in 17 (48.6%), it was the alimentary route in 6 (17.14%) and it remained unknown in 12 cases. The 6 additional cases identified as alimentary transmission were all linked to the outbreak previously mentioned above. Only one case was imported (due to COVID-19 lockdown). The two main endemic areas in France are still the Alsace and the Alpine regions.

In 60% of cases, an initial disease stage with fever and flu-like symptoms occurred prior to the onset of meningitis or encephalitis symptoms. Among those cases, 37% had meningitis without any other neurological symptoms and 54.3% had neurological signs associated with meningitis. For 2 patients, a clinical diagnosis of meningo-radiculitis was established.

Since 2021, the notification of TBE infection is mandatory in France, and 101 cases were notified (39 cases in 2023) (9). M/F ratio= 2.2; patients aged between 7 and 82 years (median age 48 years). More than 90 % presented neurological signs: 54 encephalitis or meningoencephalitis, 35 meningitis, three encephalomyelitis, and one myelitis.

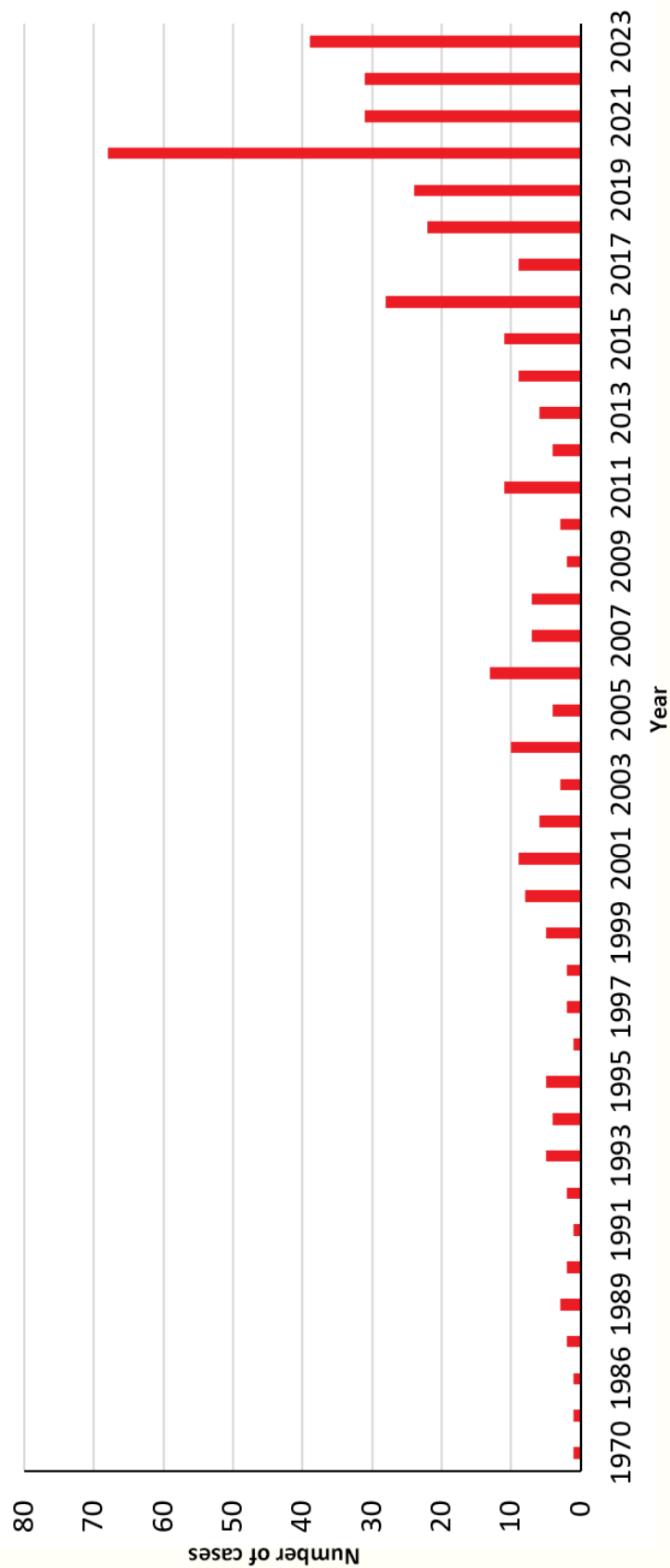
Sixty eight cases out of 101 (67%) reported a tick bite before the onset of signs. Sixty eight cases (67%) had acquired their infection in France. Among them, 14 cases (14%) had a job exposing them to tick bites or dairy products made from raw milk from animals at risk. For 19 cases (19%), food contamination, mainly in the Auvergne-Rhône-Alpes (ARA) and Alsace - region was suspected:

Data from 2023 confirms the presence of the virus in the Grand Est (especially Alsace) and Auvergne Rhone Alpes regions, but identifies the Bourgogne Franche Comté region as a new endemic region, and a first notification is reported in the southern Alps (Provence Alpes Côte d'Azur region).

Overall of TBE in France

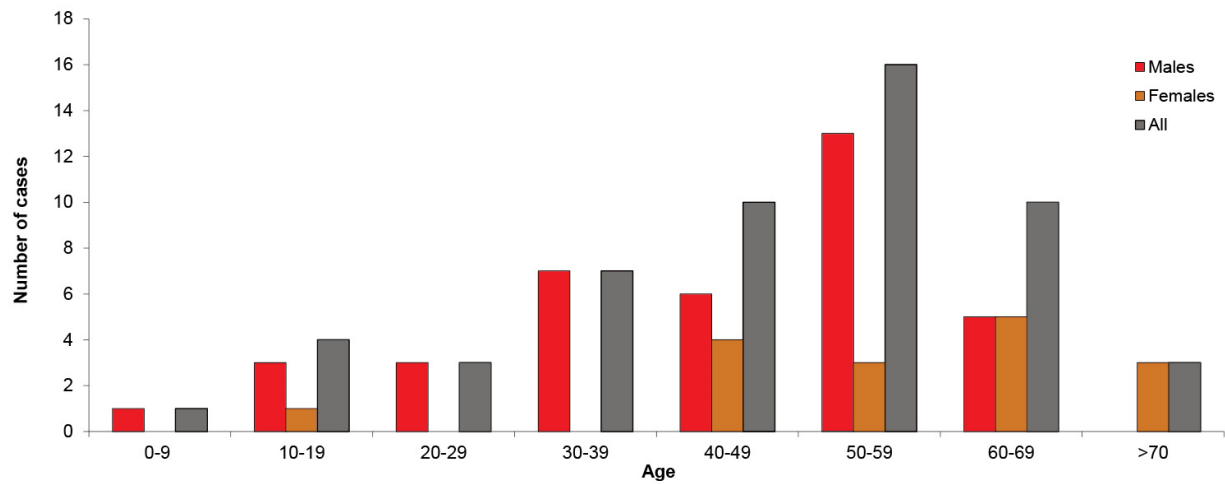
Table 1: TBE in France	
Viral subtypes, distribution	Western subtype
Reservoir animals¹	Red-backed voles (<i>Clethrionomis glareolus</i>) and field mice (<i>Apodemus sylvaticus</i> and <i>A. flavicollis</i>)
Infected tick species (%)¹	<ul style="list-style-type: none"> • Infected <i>I. ricinus</i> adults: 0.6–0.79% according to the site and the year of collection • Infected <i>I. ricinus</i> nymphs: 0.04–0.12% much more rarely isolated virus (numerous negative lots) • No infected <i>I. ricinus</i> larvae
Dairy product transmission	Yes: Foyer de cas d'encéphalite à tiques liés à la consommation de fromage de chèvre au lait cru dans l'Ain. Point au 19 juin 2020. (santepubliquefrance.fr)
Mandatory TBE reporting	Mandatory reporting planned — expected to be effective in 2022
Other TBE surveillance	<p>Mainly three laboratories establish the diagnosis for TBE in France:</p> <ul style="list-style-type: none"> • The National reference center of arboviruses (Marseille) • The laboratory of Virology of Strasbourg University Hospital (Strasbourg) • Cerba (a private laboratory) <p>The 2020 data above and in the table/graph are those reported by us, the laboratory of Virology of Strasbourg University Hospital, and they are not exhaustive.</p> <p>TBE notification mandatory since May 2021.</p> <p>Case definition: Positive findings with at least one of the following methods:</p> <ul style="list-style-type: none"> • Direct detection of virus • Nucleic acid detection (e.g. PCR) • IgM and IgG antibody detection in blood • IgM antibody detection in CSF • Four-fold rising of antibody titer or seroconversion in two successive samples <p>Probable case definition: the same clinical definition as confirmed cases but with isolated IgM antibody in blood.</p>
Special clinical features	Approximately 50% of biphasic disease 1% mortality
Available vaccines	Ticovac and Encepur
Vaccination recommendations and reimbursement	Recommendations only for travelers going to endemic areas No reimbursement
Vaccine uptake by age group/risk group/general population	No information available
Name, address/website of TBE NRC	<p>Arbovirus Reference Center, Institut de Recherche Biomedicale des Armées (Irba), Hôpital d'Instruction des Armées Laveran – Service de Biologie BP 60149 13384 MARSEILLE CEDEX 13</p> <p>Laboratoire de Virologie, Hôpitaux Universitaires de Strasbourg, 3, rue Koeberlé, 67000 Strasbourg</p>

Figure 1: Burden of TBE in France over time; (Hansmann, Velay 2018; updated May 2023)⁹



Note: Vaccine became available in 2005

Source data: Appendix—Figure 1

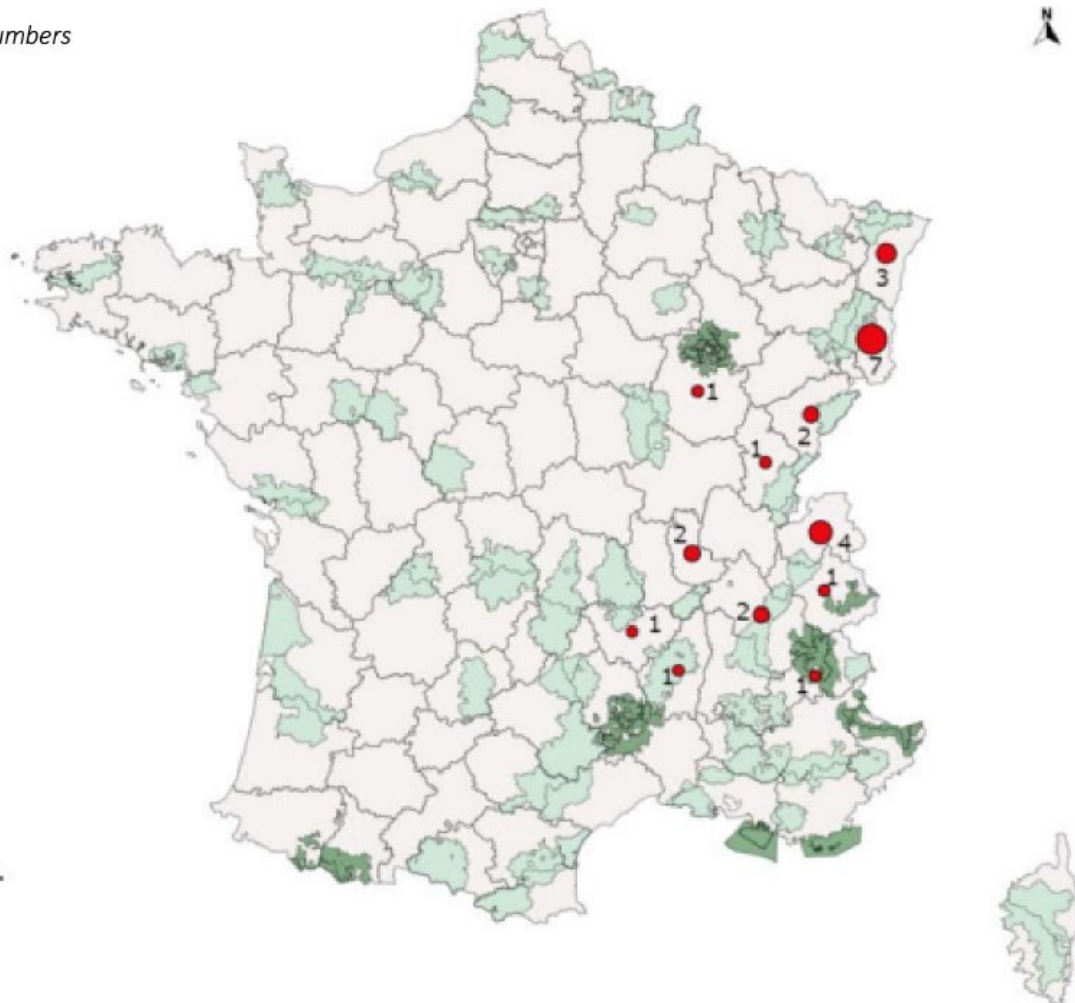
Figure 2: Age and gender distribution of TBE in France in (2013–2016)⁵

Source data: Appendix Figure 2

Figure 3: TBEV-isolation and TBE cases in France⁹

case numbers

- 7
- 4
- 2
- 1



Appendix

Source data: Figure 1

Year	Number of cases	Incidence/10 ⁵
1968	1	
1970	1	
1985	1	
1986	1	
1988	2	
1989	3	
1990	2	
1991	1	
1992	1	
1993	4	
1994	3	
1995	4	
1996	1	
1997	2	
1998	2	
1999	5	
2000	5	
2001	8	
2002	4	
2003	3	
2004	8	
2005	4	Vaccine available
2006	10	
2007	6	
2008	6	
2009	2	
2010	3	
2011	8	
2012	4	
2013	4	
2014	10	
2015	11	
2016	29	
2017	18	
2018	24	
2019	24	
2020	78	
2021	31	Mandatory notification
2022	31	
2023	39	

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Citation:

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